

## **Instructions to patients posted for surgery**

Before surgery:

- 1) **Food and drink-** Patients can have food and drink till 5 hours before surgery. After that they can't take anything by mouth
- 2) **Bathing-** They can take bath on the day of surgery. They can apply oil and shampoo
- 3) **Drugs-** They should inform the doctor who is doing surgery about the drugs they take routinely and can continue or discontinue it according to doctor's advice. Doctor may prescribe new drugs as a part of surgery and that they have to take it accordingly. Drug **allergy** if any should be informed
- 4) **Insurance-** Please inform the doctor or the hospital office if patient has any health insurance.

After surgery:

- 1) Doctor's instructions regarding medication and follow up should be strictly complied with.
- 2) Fever, excessive pain, giddiness and vomiting if present should be brought to notice of the doctor
- 3) Pain, redness, bleeding and swelling at the site of surgery if present should be informed to the doctor.
- 4) Surgical dressings and packs should be kept undisturbed and maintained clean.
- 5) Bathing- Body bath can be taken from the day following surgery onwards. Head bath may be taken according to doctor's advice
- 6) Food- Food and drink can be taken 5 hours after surgery. There is no restriction to food except in specific situations which will be intimated to patient.